



Counseling Resources

Community Resource	Phone	Address	Notes
Crisis Clinic http://crisisclinic.org/	<i>24 hour crisis line:</i> 1-866-427-4747 (206) 461-3222		Community Resources Online is the most up-to-date and comprehensive database of health and human services in King County. Over 13,000 services & 3,000 agencies listed, it is the most effective way to find assistance with such needs as: rent/mortgage payments, in-home care services, low-cost mental health or chemical dependency counseling.
Alcohol & Drug 24 Hour Help Line	<i>24 hour crisis line:</i> 1-800-562-1240 (206) 722-3700		For help in a crisis situation or for referral assistance. Statewide 24-hour information, referral service and crisis intervention hotline. Excellent resource for concerned family members, friends, employers and others.
Asian Counseling and Referral Services http://www.acrs.org/index.htm	(206) 695-7511	720 8 th S. Suite 200 Seattle, WA 98104	Aging, adult services, & all mental health services/counseling: ACRS accepts Medicaid, Medicare, Basic Health & selected private insurance. For those who are not insured, ACRS has a sliding-fee schedule.
Atlantic Street Center http://www.atlanticstreet.org/	(206) 329-2050	<i>Administrative Office:</i> 2103 South Atlantic St. Seattle, WA 98144	Case managers & therapists working with children & families to identify needs, access services/options, & create plans. Counseling for depression, anger, divorce, trauma, and more. Support groups, social skills classes, & family communication workshops. NewHolly & Rainier Beach Family Centers.
Catholic Community Services http://www.ccsww.org/index.php	(206) 328-5696	100 23 rd Ave. S Seattle, WA 98144	Counseling for individuals, couples, and families. Non-denominational. Sliding fee scale and private pay.
Center for Human Services http://www.chs-nw.org/	(206) 362-7282	1708 15 th Ave. NE Seattle, WA 98155	Family support programs, substance abuse education & counseling, family counseling (children, couples, youth anger management).
Central Youth & Family Services	(206) 322-7676	1901 Martin Luther King Jr Way S Seattle, WA 98144	Outreach, youth/family counseling, case management, gang intervention, drug prevention & parenting classes, drug & alcohol treatment & support groups, tutoring, family support, and more.
Children's Hospital http://www.seattlechildrens.org/default.asp	(206) 987-2000	4800 Sand Point Way NE Seattle, WA 98105	Various support groups, financial counseling, family resource center.



Community House Mental Health Center	(206) 322-2387	431 Boylston Avenue E. Seattle, WA 98102	
Community Psychiatric Clinic http://www.cpcwa.org/	(206) 461-3614	<i>Administrative Office:</i> 4319 Stone Way North Seattle, WA 98103	Assessment/intake, crisis intervention, referrals, mental health and chemical dependency counseling services, housing services, vocational program, and more.
Consejo http://www.consejo-wa.org/mentalhealth.htm	(206) 461-4880	3808 S. Angeline St. Seattle, WA 98118	Counseling services for Hispanic community. Child, adult, geriatric, & family mental health services. Also offering transitional housing services to adults with history of homelessness & mental health illness; peer-to-peer natural support services to Latino families; STD/HIV/AIDS information and therapy program. Sliding fee scale & Medicaid.
Downtown Emergency Service Center http://www.desc.org/	(206) 464-1570	515 3 rd Ave Seattle, WA 98104	Clinical services for mentally ill, chemically dependent, female, elderly, physically or developmentally disabled, or medically compromised. Services: homeless outreach, shelter, & case management.
Evergreen Healthcare – In Home Mental Health Clinic	(206) 923-6300 1-800-548-0558	2414 SW Andover St., Bldg D, Suite 102 Seattle, WA 98106	In-home mental health services to adults in King & Snohomish counties who have difficulty accessing outpatient mental health services. Program specializes in working with adults & elderly who have complex mental health and medical needs. Fees vary. Accepts Medicare, Medicaid, and insurance. Sliding fee scale is available.
Family Services http://www.family-services.org/Counseling/Counselingmain.htm	(206) 524-9055	<i>Administration Office:</i> 615 Second Avenue #150 Seattle, WA 98104 <i>North Seattle</i> 9714 3 rd Avenue NE #130 Seattle, WA 98115	Various counseling services including multicultural & new parent counseling.
Jewish Family Services	(206) 461-3240	1601 16 th Ave Seattle, WA 98122	Individual and family counseling, group counseling, support groups, educational programs and workshops for Jewish seniors. Sliding fee scale.
Kent Youth and Family Services http://www.kyfs.org/sites/counseling/index.asp	(253) 859-0300	232 2 nd Ave. #201 Kent, WA 98032	Services for children, youth, & their families. Individual, group & family sessions.



Lutheran Counseling Network http://www.lutherancounseling.net/index.html	(206) 364-1046	P.O. Box 55518 Seattle, WA 98155	Extension of church's ministry to the community. Therapy for individuals, couples, families & groups. Counseling for depression, anxiety, trauma recovery, behavioral problems, parenting, sexuality, & spirituality. Sliding fee scale, non-denominational.
Lutheran Community Services http://www.lcsnw.org/services.html	(206) 694-5700	433 Minor Avenue N. Seattle, WA 98109	International counseling, divorce lifeline, foster care planning, refugee & immigrant children's program, and more.
Northshore Youth and Family Services	(425) 485-6541	10309 NE 185th Street Bothell, WA 98041	Outreach, youth/family counseling, case management, gang intervention, drug prevention & parenting classes, drug & alcohol treatment & support groups, tutoring, family support, and more.
Northwest Hospital & Medical Center – Geropsychiatric Center http://www.nwhospital.org/services/gero_main.asp	(206) 368-1823 <i>Intake Liaison:</i> (206) 368-1747	1550 N 115th St. Seattle, WA 98133	Focusing on unique physical and emotional needs of the senior adult. Inpatient and outpatient services. Voluntary & involuntary.
Odessa Brown Children's Clinic	(206) 987-7225	2101 E. Yesler Way Seattle, WA 98122	Behavioral and mental health counseling services to children ages 4 – 18 years. Treatment includes diagnostic evaluations, individual & family therapy, & home and school visits. Offer follow-up and psychological testing.
Pioneer Human Services http://www.pioneerhumanservices.com/index.html	(206) 768-1990 <i>Mental Health Treatment Services:</i> 206-464-1684	<i>Administrative Office:</i> 7440 W. Marginal Way S Seattle, WA 98108	Outpatient & residential treatment. Mental health, chemical dependency counseling and support services to youth, adults, & families.
Renton Area Youth and Family Services http://www.rays.org/	(425) 271-5600	1025 S. 3 rd St Renton, WA 98055	WA State licensed mental health center. Provides individual & family counseling for families with children & youth ages 0-18. Services involve parents & children utilizing family systems perspective & play therapy for younger children.
Seattle Children's Home http://www.seattlechildrenshome.org/	(206) 283-3300	2142 10 th Ave. W Seattle, WA 98119	Outpatient services (individual & family therapy, psychiatric consultations, assessments & evaluation), behavioral support team, & multisystemic therapy.
Seattle Counseling Services for Sexual Minorities http://www.seattlecounseling.org/	(206) 323-1768	1216 Pine Street, # 300 Seattle, WA 98101	Therapy/case/medication management, chemical dependency treatment, group services, & education, for gay, lesbian, bisexual, & transgender communities.



Seattle Mental Health http://www.smh.org/	(206) 302-2900 <i>Administrative Offices:</i> (206) 302-2200	9706 4th Ave. NE #303 Seattle, WA 98115	Case management, counseling programs, and community education. Services all older adults and the chronically mentally ill. Medicare, Medicaid, insurances, and private pay.
South Youth and Family Services	(206) 721-5542	3722 South Hudson St. Seattle, WA 98118	Youth & family services: counseling, at-risk intervention, family reconciliation services, parenting education, play therapy.
Valley Cities Counseling & Consultation http://www.valleycities.org	(253) 939-4055	2704 I Street NE Auburn, WA 98002	Outpatient mental health and substance abuse treatment. Services to families & individuals of all ages. Group therapy, marital counseling, homeless outreach services.
Youth Eastside Services	(425) 827-4937	13009 NE 85th St. Kirkland 98033	Individual, family, and group counseling for youth experiencing problems.